



Maternity Massage Training Possibilities

an online resource
created to accompany

Pre- and Perinatal Massage Therapy:

*A Comprehensive Guide to Prenatal, Labor
and Postpartum Practice*
(Third Edition)

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We believe that there is no substitute for hands-on education. Everything you learn from our book, and from these online resources, will be vastly improved by working directly with qualified teachers and practicing with other people.

The huge recent growth in online and virtual and home study education means that you also have abundant possibilities without stepping foot into a classroom. While learning remotely has certain benefits, it also confirms the enormous and irreplaceable value of learning in person with others. We encourage you to pursue both.

First and foremost, we would love for you to study directly with us at [Body Therapy Education](#). We offer a variety of shorter courses, and then our 32-hour Pre- and Perinatal Massage Therapy Workshop, with optional certification.

In addition, we are lucky to work in a field with such talented colleagues! Below are a list of continuing education providers we recommend who offer courses related to pregnancy.

[MotherTouch](#)

(courses for pregnancy, postpartum, and women's health, developed by Leslie Stager)



[Mother Massage](#)

(Massage During Pregnancy Professional Certification Course, developed by Elaine Stillerman)

[Trimesters: Massage Therapy Education](#)

(comprehensive training for using massage in pregnancy, as labor support, and in working with infants and children)

[Wellmother](#)

(courses developed by Suzanne Yates, incorporating shiatsu, massage, ante- and post-natal exercise and education, infant massage and relaxation)

[The Arvigo Techniques of Maya Abdominal Therapy](#)

(abdominal and uterine abdominal massage training by the Arvigo Institute)

[MaMassage](#)

(pregnancy massage courses developed by Kiera Nagle)

[Nurturing the Mother](#)

(massage courses developed by Claire Marie Miller for all stages of a woman's life – fertility, pregnancy and postpartum, and menopause)



[Burrell Education](#)

(courses developed by Jenny Burrell on massage and movement for pregnancy, birth and postnatal)

[All URLs accessed January 18, 2021.]